September 20, 2024 - Issue 37 www.BarnstableEnews.com







In this issue of eNews

- The last Household Hazardous Waste Collection of the year is this Saturday;
- Also this Saturday is the Keep Barnstable Beautiful's Fall Community Litter Cleanup;
- The 3rd Annual Community Safety Day takes place on Wednesday, September 25th from 1:00-5:00 PM at the Barnstable Adult Community Center;
- The Barnstable County Sheriff's Office is hosting a presentation by former Boston Celtic and recovery advocate Chris Herren on Wednesday, September 25th at Barnstable High School's Performing Arts Center;
- Cape Cod Gateway Airport will be hosting a full-scale emergency exercise on Thursday, September 26 at 5:00 PM at the airport grounds in Hyannis;
- Information regarding Vineyard Wind debris;
- The Health Division's flu shot clinics have been scheduled; and
- A Friendly Reminder to stay informed by downloading the MyBarnstable app.

Quick Links

TOWN CALENDAR
OFFICIAL AGENDAS
LEGAL NOTICES
BARNSTABLE PUBLIC SCHOOLS

Stay Connected

www.TownofBarnstable.us www.BarnstableWaterResources.com www.BarnstableEnews.com www.BarnstableLCP.com







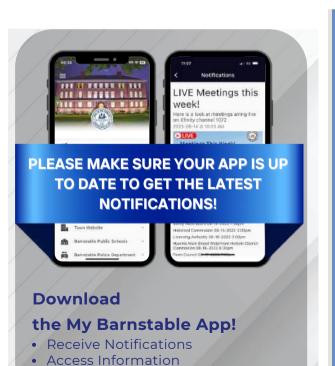




The Town has a number of newsletters to keep you up to date and informed! Click <u>here</u> to learn more and sign up today!

TOWN COUNCIL MEETING

DUE TO AN ERROR WITH THE POSTING OF THE SEPTEMBER 19TH MEETING AGENDA,
THE TOWN COUNCIL MEETING WAS POSTPONED. WE WILL SHARE DETAILS FOR THE NEXT
MEETING. ON THE TOWN'S WEBSITE AND SOCIAL MEDIA. AS THEY BECOME AVAILABLE.



View Latest Updates

SCAN TO DOWNLOAD

And more...

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The Official Podcast of the Town of Barnstable

Meet the people who steward the programs and services for the Town of Barnstable that connects us to our quality of life.

Did you miss an episode of the Podcast?

Catch up on all episodes of our fifth season wherever you stream podcasts!







PROJECTS | SCHEDULES | DETOURS | MAPS

CONSTRUCTION NEWS & UPDATES



SEWER CONSTRUCTION





ROADWORK NOTICES

Contact DPW 508-790-6400

Stay up to date on all CWMP News and Updates here www.barnstablewaterresources.com/news-updates/

What to do if you spot Vineyard Wind Debris

If you discover any debris, please call **781-831-1134**

to allow assigned crews to manage the proper recovery and clean up of debris. You can also report debris online at:

vineyardwind1.ethicspoint.com

Debris Reporting Hotline

781-831-1134



CAUTION



Public Health Advisory

Human Case of West Nile Virus Confirmed in Town of Barnstable

The Massachusetts Department of Public Health (MDPH) announced today a human case of West Nile virus (WNV) in the Town of Barnstable. This raises the risk level to high in our town.

By taking a few, common sense precautions, people can help to protect themselves and their loved ones:



Apply Insect Repellent

Use a repellent with DEET, permethrin, picaridin, or oil of lemon eucalyptus



Clothing Can Help Reduce Mosquito Bites

Although it may be difficult to do when it's hot, wearing long-sleeves, long pants and socks when outdoors will help keep mosquitoes away from your skin.



Be Aware of Peak Mosquito Hours

The hours from dusk to dawn are peak biting times for many mosquitoes.

Information about WNV and reports of current and historical WNV virus activity in Massachusetts can be found on the MDPH website at www.mass.gov/dph/mosquito



Town of Barnstable PUBLIC MEETING CALENDAR

For the complete calendar of events and meetings, visit https://townofbarnstable.us/calendar.asp

Monday, September 23:

5:00 PM | Infrastructure and Energy Committee

6:00 PM | Comprehensive Financial Advisory Committee

7:00 PM | Planning Board

Tuesday, September 24:

3:00 PM | Board of Health

5:30 PM | Committee to Review Town Council Rules & Town Code

7:00 PM | Waterways Committee

Wednesday, September 25:

10:00 AM | Licensing Authority

3:30 PM | Appointments Committee

6:30 PM | Old Kings Highway Historic District Committee

7:00 PM | Zoning Board of Appeals

Thursday, September 26:

5:30 PM | Local Comprehensive Planning Committee









Keep Barnstable Beautiful September Cleanup Saturday, September 21, 2024 10:00 am - 12:00 pm

Location:

Hyannis Youth & Community Center 141 Bassett Lane, Hyannis

Cleaning Areas:

Nearby parks and roadways in Hyannis

Community Spirit:

Special recognition for the most litter collected





Volunteers of all ages are welcome, including families, individuals and community groups. Pre-registration is required. To Register, please visit www.keepmassbeautiful/events.



SATURDAY, SEPTEMBER 21, 2024 9:00AM - 12:00PM BARNSTABLE TRANSFER STATION





VISIT: WWW.LOVEYOURLOCALWATER.ORG
TO REVEW WHAT ITEMS ARE ACCEPTED





















Barnstable Adult Community Center 825 Falmouth Road, Hyannis

This event will bring fun, educational, and safety resources to our community at the Barnstable Adult Community Center. Public safety and community partners will provide residents the real world tools and information to keep them safe in their home, online, and in their neighborhood.

- Practice and understand fire safety in the home
- Free blood pressure and wellness checks
- **Kitchen Fire Demo**
- Learn to spot and report internet and phone scams
- Discover all the safety resources available to Barnstable residents
- Raffle Prizes and so much more!





PUBLIC INFORMA

The Town of Barnstable invites interested individuals to join us for an informational meeting to review initial conceptual designs for the Clamshell Cove Road and Old Shore Road **Stormwater Improvement Projects.**





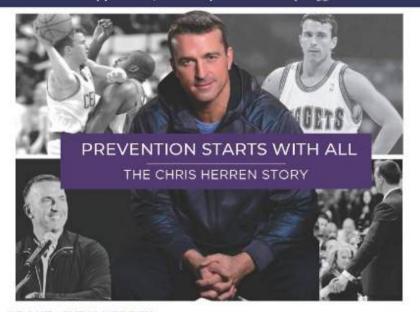


Cotuit Library 871 Main St., Cotuit



CWMP Annual Report Sewer Connection Guide

Hosted by Barnstable County Sheriff's Office Supported by State Representative Kip Diggs



ABOUT CHRIS HERREN

Chris Herren, a besketball legend from Fall River, Massachusetts, was an All-American, broke scoring records and was recruited by the nation's top colleges. Herren regized his lifeting dreem of playing in the NBA when he was drafted by the Deriver Nuggets in 1939 and then traded to his hometown team, the Boston Celtics, before losing his career and almost his family to the disease of addiction.

In long term recovery since 2008, Chris inspires people to start the conversation an wellness and educate themselves on the disease of addiction. It is his hope that strength will be found in the struggle and communities will come TOGETHER to address the issue of substance use disorder, advocate for effective treatment and embrace the power of recovery.

Age appropriate for middle schoolers and up.





DATE:

September 25, 2024

TIME:

7pm to 8:15pm LOCATION:

> Barnstable Performing Arts Center at Barnstable High School

> 744 W Main St, Hyannis, MA 02601







Are You Connected?

Do you have the devices, skills, and access you need to connect to the internet?

Can you easily get online to:



Connect with friends and family Pay bills and manage finances Manage healthcare

Access homework and schoolwork Stay connected with your community

The Town of Barnstable is working with the Cape Cod Commission to form a municipal digital equity plan. This project will help us better understand challenges that community members like you face with the internet and technology and to identify solutions that ensure all have access to the information technology needed to fully participate in our community.



Stay Connected. Scan the code or visit cccom.link/barnstable-de to learn more.





is project was funded by the Massachusetts Broadband Implicate at the essTech Cullaborative under the Municipal Digital Equity Planning Program





DATES

October 16th 1:00-3:00PM November 6th 9:00-11:00AM

Flu Vaccination Clinic

LOCATION: St. George Greek Orthodox Church

Route 28, Centerville

DRIVE THRU ONLY

For More Information: Public Health Division (508) 862-4644







EXERCISE IN PROGRESS

CAPE COD GATEWAY AIRPORT FULL-SCALE EMERGENCY EXERCISE WILL TAKE PLACE ON SEPTEMBER 26, 2024 FROM 5-8 PM.

This is a mock accident designed to test and practice our emergency preparedness. You will see many emergency vehicles on the east side of the airport, off Mary Dunn Way, as part of the exercise.







Fall is here, and while the days might be getting shorter, the fun at the Hyannis HyArts Artist Shanties is just getting started!

SEPTEMBER:

5 DAYS A WEEK THROUGH SEPT 30, 2024: THURSDAY THROUGH MONDAY, 11:00 AM - 6:00 PM

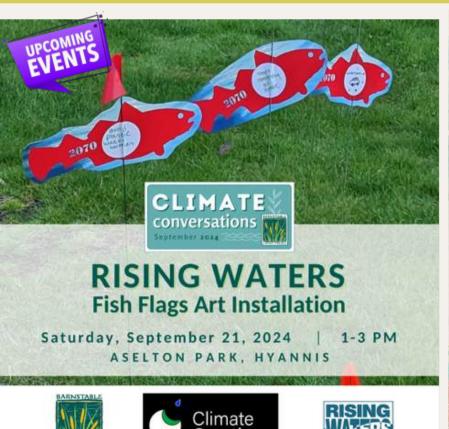
OCTOBER:

WEEKENDS, FRIDAY THROUGH SUNDAY, 11:00 AM - 4:00 PM, OCTOBER 4 THROUGH OCTOBER 20, 2024

SPECIAL EVENT!

SWEETACULAR SOIREE ON GINGERBREAD LANE AT HARBOR OVERLOOK! FRIDAY, 11/29 AND SATURDAY 11/30, 2024 11:00 AM - 3:00 PM, BOTH DAYS!

Locations: Bismore Park & Harbor Overlook











COMMUNITY CENTER

Find out what's going on in the newest issue of THRIVE!

RESPITE PROGRAMS WITH STAGEY GULLEN



Fall Prevention and Brain Health

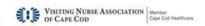
Wednesday, October 16th 9:00-10:00am

Barnstable Adult Community Center
825 Falmouth Road, Hyannis
This hour long presentation with the Public
Health Exercise Physiologist from the VNA
of Cape Cod, focuses on fall risk mitigation
and the cognitive changes that occur with
aging.

Learn how you can decrease your risk of falling, strategies to improve memory, and exercises that can help. An open discussion will occur at the end of the presentation.

Register online in *MyActiveCenter* or call the BACC (508) 862-4750 or the VNA of Cape Cod directly to register at (508) 957-7423.





Memory Techniques

Offering a comprehensive look at the various methods available for improving our memory. It will cover strategies for recalling names, vocabulary, and scheduling commitments. Monday, September 23 - Marstons Mills Library



Changing Tides



A broad discussion on how the shifting responsibilities of caregiving can influence relationships.

Thursday, September 26 - Osterville Library

The Memory Box Project

Caring for your loved ones can present challenges and emotional hurdles. Caregivers have the chance to share their personal life experiences, treasured memories, and craft a memento to celebrate their loved one. Bring along any photos or items you wish to have displayed in the box.

Limited to 6 participants

Friday, September 27 - Cotuit Library

BACC Weekly Calendar

Sept 23

1:00 PM Movie Mondays



Sept 24

9:30 AM Technology Cafe

11:30 AM Senior Dining

Sept 25

11:30 AM NO Senior Dining

1:00 PM Community
Safety Day



Sept 26

10:00 AM Buried in Treasure - Hoarding Challenges: Friends and Family of those Buried in Treasure

11:30 AM Senior Dining

Sept 27

10:00 AM Silver Self Defense Class

12:00 PM Friday
Classic Flix with Roger





SEPTEMBER 25TH 11AM

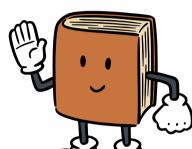
FALL SCREENING AND PREVENTION

Licensed physical therapist Barbara Blackwell will discuss fall prevention and perform brief individual screenings to assess for risk. Home exercises for balance will be provided.



Registration Required Visit Wheldenlibrary.com/events or call 508-362-2262







The Cotuit Center for the Arts and

Centerville Public Library are teaming up to bring COTUIT CENTER
you art workshops for kids on THE ART BUS! FOR THE ARTS

Thursday, September 26th

Centerville Library | 585 Main Street, Centerville

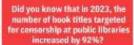


4-5pm workshop for ages 7-12

"Free to Read" paper butterfly

SCUIP TUTE
Words have the power to make us feel free and fly us away to another place and time. Create these whimsical butterflies to remind us that we are free to be curselves and read whatever we want!

We'll discuss censorship and create activist art from upcycled books on the Art Bus!



Titles representing the voice and lived experiences of LGBT01A+ and BIPOC individuals made up 47% of those targeted in cansorship attempts.

https://www.na.org/news/2004/00/ Intercol-abouty association reports not a number-unique-dock-rifes



5:15-6:15pm workshop for ages 12-18

"I Read Banned Books" bookmark art

Create a mixed media bookmark that expresses your right to read! Using upcycled pages, paints, stamps and empowering phrases you'll create something worthy of the best banned book

in the bunch.

The bus will be parked in the Four Seas Ice Cream overflow lot behind the library

Reserve your spot on the bus today! Email missmegan@clamsnet.org or call 508.790.6220 x106



World Fourism Day

SATURDAY, SEPT 21ST AT 2 PM.
Celebrate World Tourism Day with food, crafts, and games from all over the world.







HISPANIC HERITAGE MONTH

September 15-October 15



Thank you for receiving and reading eNews each week!















