



Barnstable eNEWS



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TOWN HALL



The next Town Council meeting will be held on August 17th at 7:00pm, at Town Hall in the James H. Crocker, Jr. Hearing Room



Town of Barnstable



RUN FOR LOCAL OFFICE

November 7, 2023 Town Election, nomination papers are now available in the Town Clerk's office.

The Town Election will include the following:
13 Town Council seats, 3 School Committee seats,
and 2 Barnstable Housing Authority seats.

For more information, 508-862-4044.

TOWN HALL

PEOPLE OF ACTION, THE TOWN OF BARNSTABLE, & THE BARNSTABLE POLICE DEPARTMENT PRESENT OUR 7TH ANNUAL UNITY DAY



**FRIDAY
AUGUST 4TH
4-7PM**

HYANNIS VILLAGE GREEN



CLICK HERE TO LEARN MORE

Unity Day 2023 is coming!

FOOD, MUSIC, DUNK TANK, GAMES AND MORE!



Cape Cod
Solution

EVERSOURCE

**Cape Cod
Solution Phase II
OPEN HOUSE**

Join Eversource to learn about Phase II of the Cape Cod Solution Program.

Phase II will involve constructing a new substation in Bourne as well as upgrades at the West Barnstable Substation that will enable the transmission line to operate 345-kv, the capacity that is needed to allow for future offshore wind projects to interconnect to the power grid.

Cape Cod Solution Phase II Open House

Monday July 31st 5:00-7:00pm

West Barnstable Community Building

2377 Meetinghouse Way, West Barnstable

For more information on the project please email projectinfoma@eversource.com

or call 800-793-2202

TOWN HALL

WHAT TO DO DURING EXTREME HEAT



We are expecting hot and humid temperatures this weekend.

Please be safe and follow these tips to stay cool!

- Slow down and avoid strenuous activity.
- Avoid outdoor exercising and other physical activity when it is very hot. Instead, find someplace you can be active while staying cool indoors.
- Drink plenty of water, juices or drinks that contain electrolytes– even if you are not thirsty! Avoid alcohol and caffeinated beverages. If your doctor has directed you to limit your liquids, ask what you should do when very hot.
- Stay indoors as much as possible and limit exposure to the sun.
- Use AC and fans to stay cool. Avoid using stove and oven, keep shades, blinds or curtains closed during hottest part of day.
- If you must go outdoors, use a broad– spectrum sunscreen, SPF 15 or higher and reapply throughout the day. Wear a hat , protective clothing and sunglasses.
- Wear lightweight, loose fitting, light– colored clothing. Natural fabrics such as cotton may feel cooler than synthetic fibers.
- Never leave children or pets alone in a closed vehicle.
- Practice Water Safety if cooling off around bodies of water.
- Know symptoms of and watch for heat related illnesses. Headache, confusion, dizziness or nausea could be sign of a heat– related illness. Go to the doctor or to an emergency room if concerned you need treatment. Call 911 in emergency.
- If power outages during warm weather, take additional precautions and go to a cooling center.

PUBLIC SAFETY



August 9th 10:00am|Barnstable High School

This event will allow children of all ages to see demonstrations, equipment, and vehicles from several different police and fire departments. K-9 demonstrations, SWAT demonstrations, these are just a few of the things kids will be able to view. Enjoy a hot dog and soda, followed by an ice cream, all donated by local businesses. Everything is FREE at "Kids Day". A parade of emergency vehicles, a bagpipe and the kid's police academy will start off the day's events at 10:00 am.





Hurricane Preparedness Tips

The Massachusetts Emergency Management Agency (MEMA) reminds all residents to prepare themselves, their families, and their homes for tropical storms and hurricanes. Hurricane season runs from June 1st through November 30th each year.

[Mass.gov/mema/hurricanes](https://www.mass.gov/mema/hurricanes)

Know your zone.

Learn if you live in a hurricane evacuation zone that may flood during a hurricane and evacuate if you are told to do so.



[Mass.Gov/KnowYourZone](https://www.mass.gov/KnowYourZone)

Make a plan.

Make a Family Emergency Plan on what to do and how to stay in touch in a storm. Create a plan to evacuate, including where you will go, and what you should bring.



[bit.ly/Plan4Family](https://www.bit.ly/Plan4Family)

Build a kit.

Include supplies that your family would need for 3-5 days:

- Bottled water & food that doesn't need to be refrigerated
- Flashlights, a radio, & extra batteries
- Phone chargers
- First aid kit with medications, spare eyeglasses
- Special medical equipment if needed
- Personal care items
- Copies of important documents

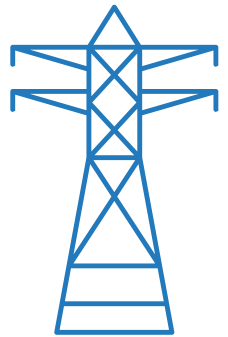


Remember: Your kit doesn't have to cost a lot of money, and can be built over a period of time.

[bit.ly/Your-Kit](https://www.bit.ly/Your-Kit)

Prepare for power loss.

Have a plan and supplies for extended power outages.



[bit.ly/Powers-Out](https://www.bit.ly/Powers-Out)

Prepare for medical needs.

If you or a family member has special medical needs, equipment, or treatment, include these in your plan and talk to your care provider for additional advice or assistance.



Prepare your home.

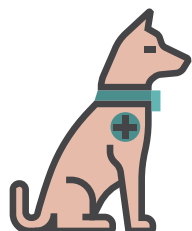
Take steps to prevent damage from wind and flooding. Make sure you have working smoke and carbon monoxide detectors.



[bit.ly/ReadyHome](https://www.bit.ly/ReadyHome)

Prepare for pets and service animals.

Include food, supplies, medications, carriers, and other items your pet or service animal needs if you have to evacuate.



Remember, your service animal is always allowed in shelters, or anywhere else you go.

GOVERNMENT ACCESS



LIVE Meetings This Week!

July 31- August 4, 2023

Planning Board

July 31, 2023 - (6:00 PM)

Conservation Commission

August 1, 2023 - (3:00 PM)

School Committee

August 2, 2023 - (5:30 PM)



New Content



Hyannis Golf Course improvements with Director of Golf Operations Jesse Schechtman and Director of Golf Maintenance James Bentley.



In conjunction with ArtsBarnstable the Cultural Center of Cape Cod is thrilled to announce the expansion to the Hyannis community to provide a wide range of arts education and enrichment programs. With that they are currently conducting a survey to find out what people in the HyArts district are looking for. Watch the video and take the survey today!



Director of Natural Resources Nina Coleman provides an update on beach raking and maintenance.



DID YOU KNOW?



BEGINNING AUGUST 17TH
TOWN OF BARNSTABLE GOVERNMENT
ACCESS WILL NO LONGER BE
AVAILABLE ON COMCAST CHANNEL 18.
IF YOU HAVE AN HD TV PLEASE TUNE IN
TO CHANNEL 1072, IF YOU HAVE A
STANDARD DEFINITION TV YOU CAN
FIND US ON CHANNEL 8.

TUNE IN TO 1072 TODAY FOR A BETTER
VIEWING EXPERIENCE!



Click here to
find all of our
content on
YouTube

PLANNING & DEVELOPMENT ARTS BARNSTABLE



JACQUI HAWK
ARTIST SPOTLIGHT
AT BARNSTABLE TOWN HALL
NOW THROUGH SEPTEMBER 30TH



ABOUT THE ARTWORK SPOTLIGHT PROGRAM:
ARTWORK IS DISPLAYED IN THE JAMES H. CROCKER, JR.
HEARING ROOM AND THE SELECTMEN'S CONFERENCE ROOM.
ARTWORK MAY BE VIEWED VIRTUALLY AT:
[ARTSBARNSTABLE.COM/INTERESTS/GALLERIES/TOWN-HALL-HEARING-ROOM-GALLERY/](https://artsbarnstable.com/interests/galleries/town-hall-hearing-room-gallery/)



Z Eats will be in the Snack Shack at the Harbor Overlook through Sunday July 30th and is selling jerk chicken and caprese sandwiches, chips, and drinks

Free Outdoor Concert Series

Aselton Park, Hyannis

Tuesdays and Fridays

6-7:30pm

August 1

THE KING FISH, Blues and Jazz

August 4

JUKIN' J and the ROCKERS,
Blues, soul, and rock & roll



BARNSTABLE PUBLIC SCHOOLS



NEW STUDENT REGISTRATION



1

REGISTER ONLINE

Scan QR code or go to the website:

www.barnstable.k12.ma.us/registration



2

DOCUMENTS

Fill in the online application and upload your documents. If you need help with this bring the documents to your appointment.



3

SCHEDULE APPOINTMENT

On the last page of the registration, pick an appointment date and time at the FCEC, 141 Bassett Ln, Hyannis.



4

APPOINTMENT DAY

Go to your scheduled appointment with your documents to the FCEC, 141 Bassett Ln, Hyannis.



5

START DATE

For registrations during the school year, wait for a call from the school for your start date. 2023-2024 registrations will receive information over the summer.

**MORE
INFORMATION**

Office Phone: 508-790-6345 x118
Whatsapp Texting: 508-356-4906
Email: bpsengagementcenter@mybps.us

COMMUNITY SERVICES COUNCIL ON AGING



THRIVE



Find out what's going in the newest issue of THRIVE!

**GARDEN LEVEL GAMES— CORN HOLE, CONNECT 4, YARDZEE
JOIN US FOR SOME FRESH AIR AND FUN. GARDEN GAMES AVAILABLE ON
OUR GARDEN LEVEL PATIO DAILY FROM 10:00 AM—2:00 PM. FREE**



**Red Cross Blood
Drive at the
BACC Monday
July 31st ALL DAY**

BACC Special Events Calendar

July 31st

1:00 pm— Movie—POC5
2:00 pm— Music &
Movement
All Day— Blood Drive

August 1st

No Special Events

August 2nd

9:30 am Elder Services
Family Caregiver Support
10:00 am— 1:00 pm
National Ice Cream
Sandwich Day event

August 3rd

No Special Events

August 4th

BROWN BAG
12:00 pm Movie
Woman In Gold (2015)

VILLAGE LIBRARIES



Connect with our
Village Libraries today!

Centerville Library.

Osterville Village Library.

Hyannis Library.

Sturgis Library.

Whelden Library.

Marstons Mills Library.

Cotuit Library.

Illustrating
Thoreau's **CAPE COD**
A Photographer's Story

at Osterville Village Library
August 8th, 5:30 pm- 7 pm



Massachusetts PFAS & Your Health Study

Sign Up Today!

Were you a Hyannis Water System customer before July 2016?

If so, please sign up for the Massachusetts PFAS & Your Health Study—part of a **national effort to understand how PFAS ("forever chemicals")** in drinking water affect the health of adults and children!

Spots available this summer for adults & children!

Participants will receive:



Gift cards



Results of PFAS blood tests and other lab tests



Learn more and sign up:



(508) 296-4298
bit.ly/ma-pfas

Study partners:



SILENT SPRING INSTITUTE
Researching the Environment and Women's Health



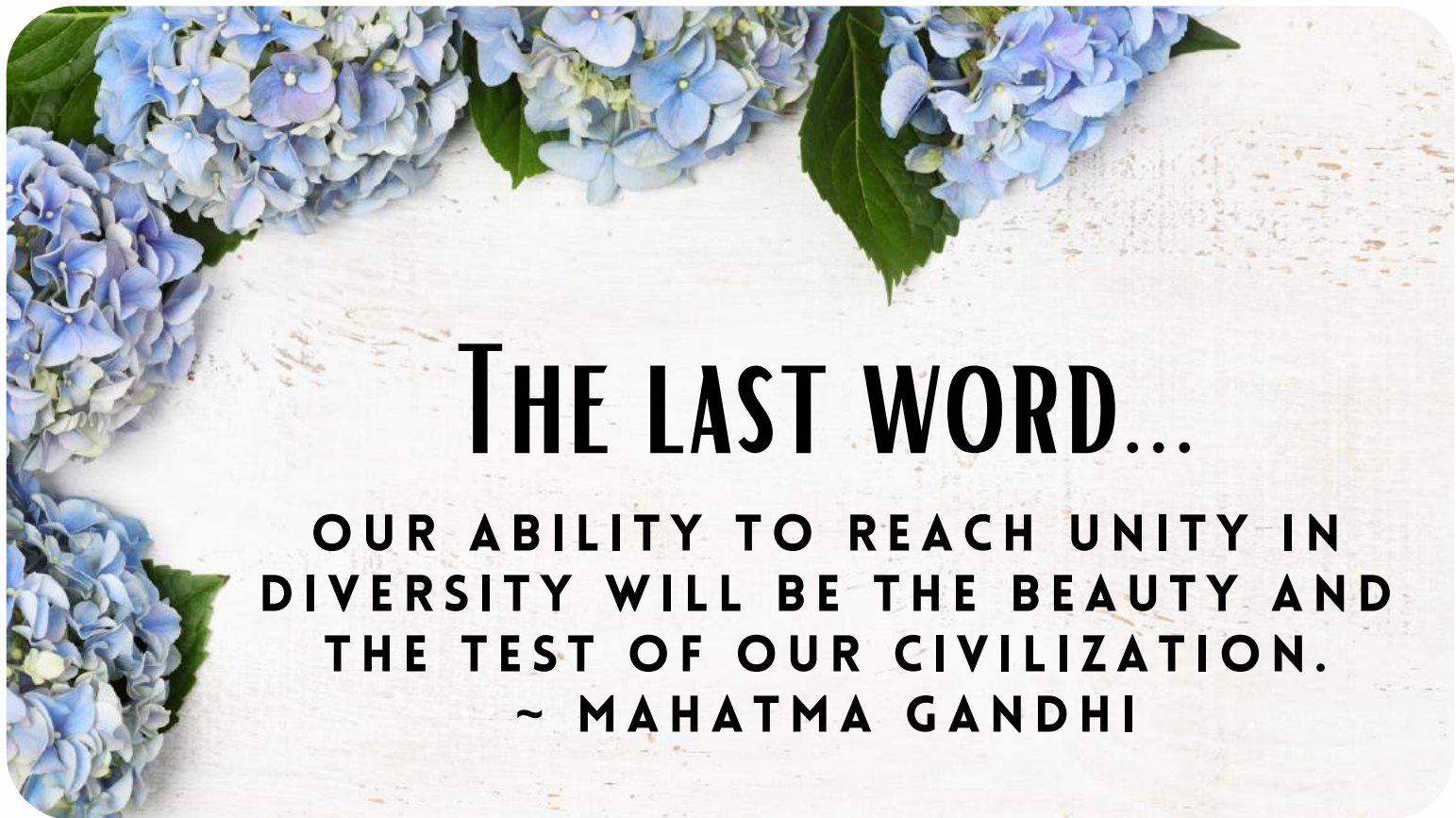
HARVARD T.H. CHAN
SCHOOL OF PUBLIC HEALTH



Funded by the U.S. Centers for Disease Control and Prevention (CDC) as part of the Multi-Site Health Study on PFAS.



Se habla español.
Falamos Português.



THE LAST WORD...

OUR ABILITY TO REACH UNITY IN DIVERSITY WILL BE THE BEAUTY AND THE TEST OF OUR CIVILIZATION.
~ MAHATMA GANDHI

Thank you for receiving and reading eNews each week!

