

**Town of Barnstable  
Human Services Committee  
Meeting Minutes  
Tuesday, March 8, 2016**

**Names in BOLD indicate action items.**

**Present:**

Scott Fitzgerald (chair), Charlie Hetzel, Heidi Nelson and Stacie Peugh (members), Jen Cullum, Town Council Liaison

**Absent:**

**Guests:**

Sarah Stanley, Director Emergency Services, Mass. Dept. of Mental Health, Cape & Islands  
Lisa Boulanger, Certified Peer Specialist, DMH  
Lisa Foirce, Director, Risk Management, DMH

**Order:**

The meeting came to order at 4:02 p.m.

**Minutes**

The minutes of the February 9, 2016 meeting were approved as written.

**Goals for FY2016: DMH Housing**

Scott introduced the topic of 'DMH Housing' by informing our DMH guests that we began a discussion of homelessness at the last meeting of the committee, which led to a discussion about housing options. Scott said that we requested a presentation not just on DMH housing, but also on the broader array of DMH services, and eligibility criteria.

Sarah offered a presentation outlining clinical criteria for eligibility- mental disorders that are persistent and interfere with the ability to carry out daily life activities- and provided information on the application process. She also provided the committee with the list of services provided- Community Based Flexible Support Program (CBFS), and PACT. CBFS has different levels of service.

For housing, DMH provides vouchers available through CBFS teams, 24-hour residential group homes, less intensive group homes, supported apartments, or independent living with wrap-around services. Persons in DMH housing have case managers that develop a plan of care. As persons recover, the level of services decreases.

Charlie asked if there is anything that the committee can do to improve access to housing. Sarah said that of course the state budget could provide more funding for housing supports, but there are grant opportunities that local agencies can apply for as well. In particular there are funds for crisis intervention teams for local police departments. Other grant opportunities are available through the state procurement website.

**Adjournment**

The meeting adjourned at 5:25 p.m.

Respectfully submitted,

A handwritten signature in blue ink, appearing to read "Heidi B. Nelson", with a stylized flourish at the end.

Heidi Nelson  
Duffy Health Center and Secretary to Committee

**The next meeting of the committee will be held Tuesday, April 12, 2016.**